直傳靈氣。

Welcome to the World of Jikiden Reiki, a Natural Therapy!

I am thrilled to introduce you to the powerful world of energy healing and Reiki. This weekend will open doors for understanding energy and the simple yet powerful benefits of the hands-on healing natural therapy known as Reiki.

Jikiden Reiki is from Japan, the birthplace of Reiki. Founded in 1922 by Mikao Usui (Sensei) Reiki supports the improvement of body and mind. Reiki is a natural energy healing therapy carried out by placing hands on the body. You will learn in Shoden (Reiki 1) this weekend how to receive Reiki energy from the Universe and transmit this energy to the receiver. You will learn how to feel energy with your hands. Reiki awakens the natural healing ability within the recipient's body to heal both physical and psychological health issues. Everyone has the ability to give and receive Reiki. It is safe in all situations.

Jikiden means "directly passed down". The Shoden seminar curriculum for Jikiden Reiki is based

on the teaching of a direct disciple of Mikao Usui, Dr. Chujiro Hayashi, who taught initiated Chiyoko Yamaguchi in 1938 at age 17. Mrs. Yamaguchi practiced Reiki for 65 years and taught Reiki from 1999 until 2003 with her son. Tadao Yamaguchi. Chiyoko and her son Tadeo established the Jikiden Reiki Institute in 2000 to preserve the original teachings of Reiki from Japan.

Dress comfortably. The program begins Friday night, continues all day Saturday and concludes Sunday morning. Students will receive "Reiju" a blessing for initiating the ability to channel Reiki each day. There will be ample time for feeling energy, practicing Reiki on others along with Q & A, sharing experiences, learning Japanese Reiki techniques and a group Reiki experience."

Everybody, even the people who have receive only the Shoden Level, have clearly achieved the ability to heal dis-ease. ~ Mikao Usui

It is an honor to be your Jikiden Reiki teacher

See you soon.

Anne Bentzen, Shihankaku (assistant JR teacher)