



Teen Leadership Week Sample/Draft Schedule

Day 1-Sunday

- Arrival & Move-In
- Introductions and Orientation
- Ice-breakers
- Dinner
- Expectations and group agreement
- Campfire social
- Reflection & Vespers

Day 2-Monday

- Breakfast
- Morning Energizer
- Workshop: What Is Leadership & Who Is A Leader
- Lunch @ Agape
- Low Ropes
- Workshop: Goal Setting
- Free time
- Dinner
- Introduce Wilderness Trip: When, where, why?
- Sunset hike
- Reflection & Vespers

Day 3-Tuesday

- Breakfast
- Morning Energizer
- Workshop: Leadership Styles
- Lunch
- Workshop: Group Dynamics
- Free-time
- Outdoor Skills: What to bring and how to pack it
- Dinner
- Movie Night
- Reflection & Vespers

Day 4-Wednesday

- Breakfast
- Morning Energizer
- Group Activity
- Outdoor Skills: Trip nutrition & cooking
- Lunch (group cooks lunch with backpacking equipment to practice)

- Outdoor Skills: Leave No Trace
- Pack for Trip
- Dinner @ Agape (full service)
- Keynote Speaker
- Free Time
- Reflection & Vespers

Day 5-Thursday

- Early Breakfast
- Pack Shakedown
- Travel to Trip Location – Appalachian Trail at CT 41
- Hiking CT-41 to Ball Brook Group Site
 - Lunch at trailhead
- Dinner
- Group activity or workshop

Day 6-Friday

- Breakfast
- Hiking Ball Brook Group Site to Race Brook Falls Campsite
 - Lunch on trail
- Dinner
- Group activity or workshop

Day 7-Saturday

- Early breakfast
- Hiking Race Brook Falls to Parking
- Travel back to Holmes
- Lunch
- Final Reflection
- Packup and Pickup

This is a draft schedule for information purposes only – some elements subject to change.