



## HOLMES CAMP & RETREAT CENTER ADULT RETREATS - FALL 2022





Holmes Camp is a welcoming Christian community where,  
in a natural setting, lives change and faith grows.

We are a Christ-centered witness to the issues of conservation, peace, and justice. We provide comfortable facilities for reflection, growth, and inspiration. We practice Christian nurture, witness, outreach, and mission through the building of inclusive communities at camp and in our retreat programs.

**What's Inside**

Rental Information .....	2
Youth Programs.....	2
Fall Nature Retreat .....	3
Alumni Weekend .....	4
Culinary Weekend.....	5
Jikiden Reiki Seminar .....	6
Women's Retreat.....	7
Registration Information .....	8
Holmes Annual Gala .....	8
Get Involved .....	9
Financial Aid.....	10



# PLAN YOUR NEXT RETREAT AT HOLMES

**Holmes Camp & Retreat Center's** goal is to provide comfortable facilities for all types of small and medium groups to have space for reflection, recreation, and inspiration.

At Holmes we know every group is different and our team is excited to work with you to provide an experience that will exceed your expectations. **We can customize your stay** and provide programming (*or support your program*) in a way that is meaningful to your group's needs.

**Holmes is ready to work with your group on day outings, weekend or weeklong retreats.** Stay in one of our five year-round accommodations or use one of our many meeting spaces. Our indoor and outdoor spaces will bring you closer to nature and a feeling of serenity; our hope is that it stays with you long after your visit.

**For more information or to book your next retreat contact [Holmes@Holmescamp.org](mailto:Holmes@Holmescamp.org) or call 845-878-6383**



## YOUTH & FAMILY PROGRAMS

In addition to our adult retreat programs we offer a variety of youth and family programs including Presbyterian confirmation classes and retreats, summer camps, service opportunities, and more. More information on youth and family programs for the coming year is announced each winter. You can also subscribe to our newsletter to be notified as additional programs and events are announced.



# FALL NATURE RETREAT

September 23rd - 25th

NEW  
PROGRAM



**Reconnect the body, mind, and soul with nature at Holmes Camp & Retreat Center.**

This nature and outdoors themed retreat offers chances for both the budding and experienced naturalist to spend time in nature, expand their knowledge, and enjoy a like minded community.

Led by master birders, experienced teacher-naturalists and outdoor professionals the weekend includes bird walks, guided hikes, learning sessions, a chance to try new outdoor activities, and more!



**MORE INFORMATION**

Your registration includes comfortable lodging, delicious and sustainable meals, and all retreat programming.

Registration starts at \$499 for an individual or \$749 for a couple.

*Have a topic that you're passionate about you'd like to share in a learning session? Let us know!*



# ALUMNI WEEKEND

September 30th - October 2nd

Return to the good ol' days at camp and join past campers, retreaters, staff, and volunteers at Alumni Weekend and enjoy a weekend of community and comradery that defines Holmes Camp.

The weekend kicks off with delicious food from a fondly remembered local spot on Friday night and concludes with worship Sunday morning.

We want to see you here! Alumni Weekend is offered at a special price with reservations starting at \$175, including lodging, meals, and activities!

Keep your eyes open for another Alumni Weekend coming in Spring 2023!

## JOIN US FOR

- Summer camp games and activities, new and old
- A Saturday morning “workday” style service project at camp or in the local community
- Great food, including up-scale versions of some summer camp classics
- A Saturday night campfire with s’mores, a cash bar, and songs and skits featuring YOU





# CULINARY WEEKEND

October 7th - October 9th

**NEW PROGRAM**



**Sharpen your knives and cook your way through a weekend of food, fun, and fellowship!**

Let Chef Mark Ainsworth and the crew from the Holmes Camp & Retreat Center kitchen guide you through a weekend of spectacular meals, new recipes and techniques, and fun in the kitchen.

Settle in at Holmes Friday night with dinner and a campfire social, and then join us in the kitchen on Saturday and prepare your own gourmet meals while learning skills and recipes you can use at home. We'll cover techniques for prepping, sauteing, roasting, and braising as we work with proteins, starches, and veggies.

The weekend wraps up with Sunday brunch that we prepare together and the chance to join us for an ecumenical worship service focusing on themes of food and hunger.

Registration starts at \$499 for an individual or \$749 for a couple and includes lodging, meals, all activities including instruction and ingredients, and a heavy duty Holmes Camp & Retreat Center apron.



## MEET THE INSTRUCTOR

Mark Ainsworth is an award winning chef, cookbook author, and a professor at the Culinary Institute of America. He has cooked in restaurants and kitchens around the world, and shares his passion for food through his teaching and writing. Mark is also a Holmes Camp Alumni.



# JIKIDEN REIKI SEMINAR

October 21st - October 23rd

**Back by popular demand; join us for a Jikiden Reiki Shoden Seminar,** offered in partnership with Balancing 4 Life of Pleasantville NY.

Join Jikiden Reiki teacher Anne Bentzen and learn to offset the destructive energies of stress and fear which choke the flow of your vital energy. Together we'll learn Reiki history, principles for heart-centered living, receive Reiju (energy initiations), and gain confidence with supervised practice.

Registration is \$595 and includes comfortable lodging, all meals, programming, a Reiki institute manual and Japanese/English completion certificates.

Reviewing students always welcome; contact us for special pricing. Class size limited. Early registration highly recommended.



## What is Reiki

Balancing 4 Life practices and teaches Jikiden Reiki which is the traditional Japanese form of energy healing that supports your physical, emotional mental, and spiritual well-being through gentle touch. Reiki is drug-free and non-invasive. The goal of Reiki is to restore harmony in the body. Many use Reiki as a complement to traditional western medicine for health and mental well-being.



# WOMEN'S RETREAT

October 28th - October 30th



Join us for a guided weekend of rest, re-connection, and restoration as we explore our connections to ourselves, each other, and the world around us through our theme

## **“All Shall be Well”**

The Medieval Mystic Julian of Norwich penned these words, and they have echoed throughout the centuries. But Julian did not write them with a shallow positivity; she wrote them after experiencing suffering and envisioning God.

In our time together we will encounter Julian and other mystics and explore what we can learn from them. In our unstable world with heightened anxiety, what do these women have to teach us?

The Holmes Women's Retreat is our most popular program each year; early registration encouraged! Registration starts at \$299 and includes comfortable lodging, all retreat programming, and meals.

## MEET OUR FACILITATORS

**Rev. Carol Howard Merritt** is the award-winning author of several books, including *30-Day Journey with Julian of Norwich* and frequently contributes to books, websites, and magazines. Her writing has appeared in the New York Times, Christian Century, Newsweek, and more. She is a popular keynote speaker, facilitator, and preacher. Carol is the Pastor at Bedford Presbyterian Church in Bedford, NY.



**Rev. Katherine Pater** is a Pastor in Westchester County, New York where she writes and preaches about the intersection of faith, gender, sexuality, politics, and justice. As a graduate of Still Harbor's Spiritual Directors program she is trained to accompany advocates and activists in their spiritual journey as they work for societal change.

ADDITIONAL INFORMATION

**How to register:** To register go [holmescamp.org](http://holmescamp.org) and click the programs menu, or use your smartphone to scan the QR code to the right.

**Upon registering:** You will be emailed an invoice and receipt, and you will gain access to the online portal for your retreat. A welcome packet, packing list, and any other important information will be emailed to you 2 weeks before your retreat.

**Payment:** A non-refundable deposit of \$25 is required to register for a retreat. This deposit cannot be transferred to another individual or retreat. The balance is due two weeks before your retreat.

**Financial Aid:** Need-based financial aid is available for most Holmes Camp & Retreat Center programs. Visit [holmescamp.org](http://holmescamp.org) or call 845-878-6383 for details.

**Refund Policy:** A full refund of any payments, minus the non-refundable deposit, is available for cancellations more than two weeks before your retreat. No refunds are given for failure to attend. If we must cancel a retreat you will have the option to receive a full refund, including deposit.

**Licensing and Permits:** Holmes Camp & Retreat Center operates by permit from the Putnam County Dept. of Health and complies with the regulations of the New York State Dept. of Health, including regular inspection.

**American Camp Association Accreditation:** We are proud to be accredited by the American Camp Association. This nationally recognized program focuses on program quality, health and safety, management, and camp & retreat operations for youth, adults, and rentals.



SAVE THE DATE  
HOLMES CAMP AND RETREAT CENTER ANNUAL GALA

Trivia Night

Dinner, Fun & Games, Silent Auction

The central graphic features a circular logo with a green tree silhouette and the word "HOLMES" in white text on a dark blue banner. The background is a light pink color, decorated with a pattern of colorful starburst shapes in blue, orange, and yellow. The text "Trivia Night" is in a large, green, serif font, and "Dinner, Fun & Games, Silent Auction" is in a smaller, brown, serif font.

NOVEMBER 5, 2022  
HITCHCOCK PRESBYTERIAN CHURCH  
6 GREENACRES AVENUE, SCARSDALE, NY 10583



# GET INVOLVED



Holmes Camp & Retreat Center depends on a dedicated core of passionate volunteers and partners. There are so many ways you can get involved!

- Join us for a volunteer work day at Holmes or in the community. Work days are announced in our eNews.
- Volunteer on an ongoing basis at Holmes. We are always happy to work with volunteers to match your needs and interests.
- Join our team! Holmes hires year-round and seasonal staff each year, and we are always looking for Christian educators, naturalists, lifeguards, cooks, health care professionals and more to join our as-needed team.
- Register for a camp or retreat, and tell your friends!
- Visit Holmes for some fishing, a hike, or just to say hi. We love seeing you!

More information on all of these opportunities can be found on our website at [www.holmescamp.org](http://www.holmescamp.org) or call us at 845-878-6383.

# FINANCIAL AID

It is with immense gratitude for the generosity of a number of donors that Holmes Camp & Retreat Center is able to offer significant financial aid to attend camps, retreats, and other programs at Holmes. Need-based aid is available on a first-come, first-served basis until exhausted. Aid from Holmes can cover up to 85% of most programs.



Holmes Camp & Retreat Center is a nonprofit religious organization and relies on the generous support of individual donors to support financial aid programs, facilities maintenance, and more. If you would like to make a tax-deductible donation please visit [holmescamp.org/support](https://holmescamp.org/support).

Presbyterian Conference Association Inc. (Holmes Camp & Retreat Center) is a registered 501(c)3 charitable organization. Your gift is tax deductible to the extent allowed by law. [Tax ID 13-5674253]

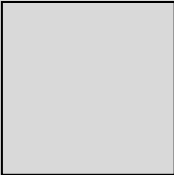


**DONATE HERE**

If you would like a reasonable number of additional copies of this brochure for friends, family, church, or your place of employment please email [holmes@holmescamp.com](mailto:holmes@holmescamp.com).



Holmes Camp & Retreat Center  
60 Denton Lake Rd  
Holmes NY, 12531  
845-878-6383



Holmes Camp & Retreat center sits on over 550 acres of hills and forests in the Hudson River Valley, a short drive north from New York City. The facilities include two year-round conference centers, dorms, cabins, outdoor and indoor meeting spaces, and two youth camp facilities. Four lakes, over fifteen miles of trails, local landmarks, and nearby state parks provide ample chance for recreation and relaxation.

Holmes Camp & Retreat Center is a ministry of the Presbyterian Conference Association, Inc. and is affiliated with the Presbyteries of Long Island, Hudson River, and New York City of the Presbyterian Church (U.S.A). You do not need to be associated with the Presbyterian church, or identify with any particular faith to attend; everyone is welcome at Holmes! We build community and encourage people on their own spiritual journey.



Signup for  
our e-news