



# Holmes Camp and Retreat Center **FALL PROGRAMS**



Register Here

## Fall Nature Retreat

Friday, September 23 - Sunday, September 25

This nature and outdoors themed retreat offers chances for both budding and experienced naturalists to spend time in nature, expand their knowledge, and enjoy a like minded community. Led by experienced naturalists and outdoor professionals the weekend includes bird walks and guided hikes, learning sessions, a chance to try new outdoor activities, and a field trip to another local nature hotspot.

Starting at \$499 for an individual, or \$749 for a couple, registration includes programming, meals, and lodging.

## Alumni Weekend

Friday, September 30 - Sunday, October 2

Join us for the community and comradery that defines Holmes Camp. We'll have plenty of camp fun and games and do a good deed with a camp service project. We'll enjoy delicious food and drink from our own camp kitchens and local eatery "Eddie's" (Now Gappy's). The weekend concludes with breakfast and worship on Sunday.

Starting at \$175 registration includes programming, meals, and lodging.

## Culinary Weekend

Friday, October 7 - Sunday, October 9

Sharpen your knives and get ready for a weekend of food, fun and fellowship. Camp Alumni and Culinary Institute of America Chef, Mark Ainsworth will lead a weekend of cooking experiences that will delight your taste buds!

Starting at \$549 for an individual, or \$799 for a couple, your registration includes programming, meals, and lodging.

## Reiki Level One Certification

Friday, October 21 - Sunday, October 23

Enhance your health with the peace and gratitude of Reiki. Learn this original Japanese healing art for health and well-being. Reiki is a natural, drug-free solution for physical, mental and emotional healing. The Jikiden Reiki Shoden curriculum is taught worldwide. This beginner certification seminar is for new students. Led by Anne Bentzen, a long-time member of the Bedford Presbyterian Church.

Starting at \$649, your registration includes certification, programming, meals, and lodging.

## Women's Retreat

Friday, October 28 - Sunday, October 30

Rest, Reconnection, and Restoration led by Rev. Carol Howard Merritt, Author & Pastor of Bedford Presbyterian Church. Carol is the award-winning author of books, including *Healing Spiritual Wounds: Reconnecting with a Loving God after Experiencing a Hurtful Church* (HarperOne), and she has written devotionals, including *I Am Mary: An Advent Devotional* (Chalice). Her work has been highlighted in the *New York Times*, *Washington Post*, *Huffington Post*, *Newsweek*, and *Salon*.

Retreat and lodging start at \$299 and includes lodging in a shared or private room, meals, and all retreat activities.

Visit [holmescamp.org/adult-programs-schedule](http://holmescamp.org/adult-programs-schedule) for more information or to reserve your place.

Questions? Contact [Holmes@Holmescamp.org](mailto:Holmes@Holmescamp.org) or 845.878.6383 ext. 1.