

<b>Mad</b>  Yell "I am mad!!!"	<b>Mad</b>  How do you calm down when you are mad?	<b>Mad</b>  Describe how your body feels when you are mad.	<b>Mad</b>  Make your best mad face.	<b>Mad</b>  You will loose your next turn.
<b>Mad</b>  Talk about a time when you felt really angry about something.	<b>Mad</b>  Roar like a angry bear!	<b>Mad</b>  Switch places on the board with another player. Appologize so they don't get too mad.	<b>Mad</b>  Try this! A good way to calm down is to exercise. Do 10 jumping jacks.	<b>Mad</b>  Why do you think Jonah was mad he had to save the people who were mean to him

<b>Joy</b>  What makes you happier: snow on Christmas OR swimming in summer?	<b>Joy</b>  What does your "happy dance" look like?	<b>Joy</b>  Do you know any funny jokes or stories? Share it!	<b>Joy</b>  What is a song that makes you happy?	<b>Joy</b>  What is the funniest face you can make?
<b>Joy</b>  Move up 1 space! But you have to smile when you do it!	<b>Joy</b>  What is a memory of a time when you were really happy?	<b>Joy</b>  Who is someone who makes you laugh?	<b>Joy</b>  This or that: Hug or high 5 Candy or chips Fruit or veggies Hot or Cold ?	<b>Joy</b>  What are 5 things that make you REALLY happy.

<b>Disgust</b>	<b>Disgust</b>	<b>Disgust</b>	<b>Disgust</b>	<b>Disgust</b>
Name 3 things are slimy or sticky.	Name a food you dont like to eat.	Make a face like something smells bad.	Would you rather change a diaper or smell feet?	What do you do when you think something will taste bad?
<b>Disgust</b>	<b>Disgust</b>	<b>Disgust</b>	<b>Disgust</b>	<b>Disgust</b>
This or that Eat dirt or smell a garbage truck?	This spot is gross! Do not move your piece to the green space.	Describe a recipe that would taste terrible!	Make a face like something tastes bad.	Tell a story when something was really gross

<b>Sad</b>	<b>Sad</b>	<b>Sad</b>	<b>Sad</b>	<b>Sad</b>
Say a prayer for anyone who is sad today.	Do your best fake cry.	Name 3 ways you can help someone who is sad.	Sing 10 seconds of a happy song.	What makes you feel better when you are sad?
<b>Sad</b>	<b>Sad</b>	<b>Sad</b>	<b>Sad</b>	<b>Sad</b>
When was the last time you cried?	Make a sad face.	Knock knock: -Who's there? -BOO. -Boo, Who? -Don't cry it's only a joke!	Move back 2 spaces.	Name 3 people who you can talk to when you are sad.

<b>Fear</b>  Name something you are frightened of.	<b>Fear</b>  Describe what your body feels when you are afraid.	<b>Fear</b>  What do you do when you feel afraid?	<b>Fear</b>  What is scarier: Heights or dark Spiders or snakes	<b>Fear</b>  Name a time you did something you were afraid to do but enjoyed.
<b>Fear</b>  Your piece got scared. Move to a space with another player.	<b>Fear</b>  Take 1 minute to tell a scary story.	<b>Fear</b>  What would be scarier: Being chased by a shark or a dinosaur?	<b>Fear</b>  Do you like roller coasters?	<b>Fear</b>  What is the scariest movie you've ever seen?